

# Gold Duke of Edinburgh's Award Expeditions

for Schools & Groups



**Your** expedition  
in **safe** hands







## All you need and more.

As one of the UK's leading DofE Expedition providers (AAP), we offer expedition packages to suit all needs. We make the running or taking part in a DofE expedition as easy as possible, working closely with you to ensure you and your students receive the very best experience.



**Our experience will make your's a better one.**



3 decades of expedition experience.



Used by Schools, Groups & Individuals.



Meticulous planning with an eye for detail.



The best equipment available for your use.



# All the essentials provided.

Every group has the very best service available, benefiting from our experience and the use of high quality group expedition equipment.

## Available support:

- Dedicated Programme Coordinator
- In-school presentation
- Training & Practice expeditions
- Qualifying expeditions
- Qualified & experienced staff
- Staff always on-call 24 hours a day
- Logistics planning
- DofE registered Assessors
- Green forms completed for you
- Booking and payment of campsites
- Indoor accommodation / facilities\*

*\* not available for all programmes.*

## Equipment for your use:

- ✓ High quality tents, designed for DofE expeditions
- ✓ Gas-fuelled Trangia stoves
- ✓ Waterproof maps and compasses
- ✓ Group First Aid kits
- ✓ Coloured 'team' rucksack covers
- ✓ Emergency shelters
- ✓ Modern Tracking devices

All teams carry a state of the art tracker. Used in conjunction with usual supervision systems, these devices offer an additional layer of safety and peace of mind.







# Your expedition, your way.

Your dedicated Programme Coordinator will guide you through the expedition planning process - working with you and your students, to ensure a smooth, stress-free expedition process.



## Allow us take the strain.

Your students will explore and experience some of the most stunning environments in the UK.

Your expedition will be delivered in a location that suits you and the participants. This could be in the.....

- |               |                 |
|---------------|-----------------|
| Lake District | Breacon Beacons |
| Snowdonia     | Yorkshire Dales |
| Peak District | Scotland        |
| West Midlands | Lancashire      |
| Cotswolds     | Wye Valley      |

.....or wherever  
you want it to be.





# Gold Expedition Overview



The ultimate achievement. Students will learn a high level of navigational and expedition skills in order to be to be self reliant.

These skills are put to use to travel through wild and remote terrain in the UK's most famous National Parks.



To help the Gold Award be accessible to more young people, we are able to offer 2 packages, to suit different budgets and the level of training required by your students.

## OPTION 1 - 10 Days

Including additional training

### Suitable for:

Participants who have little experience of expeditions, have not received training already or have not taken part in the Silver award.

## OPTION 2 - 9 Days

Without additional training

### Suitable for:

Participants with limited time or budgets and who have, already taken part in essential expedition and navigation training or have completed the Silver expedition training.



# Gold Expedition



Option 1

**£550** +VAT per person

**Duration: 10 Days**

**Min. group size: 14**

*NOTE: Schools and VAT registered organisations are able to reclaim the VAT*



## Training / Practice Expedition

Phase 1

### DAYS 1

#### Pre-Expedition Training

- Emergency plans
- Camp craft skills
- Navigation training
- Indoor accommodation

### DAYS 2 - 4

#### Pre-Expedition Training / Practice Expedition

- Start planned route
- Continue training topics
- Instructor debrief
- Overnight camps

### DAY 5

#### End of Expedition & Route Planning

- Continue route
- Navigation practice
- Instructor debrief
- Plan qualifying route

## Qualifying Expedition

Phase 2

### DAY 1

#### Refresher day

- Kit checks
- camp craft revision
- Navigation refresher
- Indoor accommodation

### DAYS 2 - 4

#### Qualifying Expedition

- Start planned route
- Navigation assessed
- Team work observed
- Overnight camps

### DAY 5

#### End of Expedition & Presentations

- Finish planned route
- Emergency plans tested
- Complete presentation
- Assessor debrief



# Gold Expedition



Option 2

**£495** +VAT per person

**Duration: 9 Days**

**Min. group size: 14**

*NOTE: Schools and VAT registered organisations are able to reclaim the VAT*



## Training / Practice Expedition

Phase 1

### DAYS 1

#### Pre-Expedition Training

- Emergency plans
- Camp craft skills
- Navigation training
- Indoor accommodation

### DAYS 2

#### Pre-Expedition Training

- Continue training topics
- Begin walking route
- Instructor debrief
- Overnight camps

### DAY 3-4

#### End of Expedition & Route Planning

- Continue route
- Navigation practice
- Instructor debrief
- Plan qualifying route

## Qualifying Expedition

Phase 2

### DAY 1

#### Refresher day

- Kit checks
- camp craft revision
- Navigation refresher
- Indoor accommodation

### DAYS 2 - 4

#### Qualifying Expedition

- Start planned route
- Navigation assessed
- Team work observed
- Overnight camps

### DAY 5

#### End of Expedition & Presentations

- Finish planned route
- Emergency plans tested
- Complete presentation
- Assessor debrief



# Our staff are our strength

Amazing staff are the strength of our success.

Each is a keen outdoor enthusiast and full-time professional instructor. Full of knowledge and passion, it's hard not to be motivated by their enthusiasm.

Everything we do is focused on young people's success, which is delivered with a personal approach. We are confident that:

**“Your Expedition is in Safe Hands”**



## Our experience makes your's a better one.

There is no doubt that great staff help to create a successful expedition. This is why we only employ the best.

### Programme Co-ordinator

With vast knowledge in delivering DofE programmes, they will work with the school through the expedition delivery process to create an incredible and smooth experience for all participants.

### Instructors

Our team of Instructors are qualified, knowledgeable and passionate about the DofE Award and the benefits of young people being involved. They have been carefully selected to work on these expeditions. We operate a staffing ratio of 1:2 teams.

### Office Support

Throughout the planning and delivery process our office support staff will be on hand if you have any queries or questions. They also carry out a duty manager role 24-hours a day, in case there are any emergencies during your expedition.



# Safety and Supervision



## Remote Supervision

Remote supervision is when the safety and well-being of a group is monitored from a distance, with limited direct contact with the group. This technique gives groups an independence whilst being kept safe.

In order to complete a DofE expedition, teams need to have met the 'Expedition Requirements' laid down by The Award. The first of these is that the expedition is unaccompanied and self-sufficient without outside assistance. For this objective to be met, groups cannot be "led" by an instructor. We are still responsible for the safety of the group, so they will be monitored throughout, and we do this by remote supervision.

## GSM Trackers

All teams carry a GSM tracking device. This signal from the tracker is plotted on an online password protected map, which is only accessible by the expedition staff via their phones or computer.

The trackers are used as an additional layer of security and not as a replacement for experienced staff supervising participants.



# Ratios



## Staffing Ratios

The Adventure Element Ltd staffing is based on a ratio of 1:1 teams for Training & Practice and 1:2 teams for Qualifying expeditions. In addition, a dedicated Programme Coordinator is also allocated for larger expeditions of over 4 teams who will oversee the smooth delivery of the programme. Our staff are highly experienced and qualified Instructors and each are registered DofE Assessors.

Their role is to provide technical training and safety supervision. They will be on-hand throughout the expedition to ensure the safety of all students and staff.

All staff carry mobile phones and, where appropriate, a 2-way radio. This helps to ensure a smooth running expedition and clear communications in the event of an emergency.

## Staffing Ratios (school staff)

Pastoral care for the participants is provided by school / group staff, who will also be available throughout the expedition. We require a minimum of 1 member of school / group staff. They will be supported by The Adventure Element instructors (including overnight) who will assist should any incident occur.



# Expedition Support

Not every School or Group will fit in to our range of expedition packages and may require something a bit more bespoke.

If this is you, then we are experts in designing expeditions which suit the needs of the students, the school or group or you as the organiser.



## Where we can help your expedition.

- ✓ **Staff provision.** All staff are experts in the delivery of DofE Expeditions.
- ✓ Supply **high quality group equipment.**
- ✓ Support with developing **safety management systems**
- ✓ **Consultation** on routes and venues
- ✓ Delivering **training** for students and staff



For more information.

Call the office on:

**01768 800212**

Drop an email to:

**info@TheAdventureElement.co.uk**



# A Leader in Duke of Edinburgh's Award Expeditions

We truly believe in the benefits of completing the DofE Award and we will do all we can to help participants on their journey to success.

## Safety

Priority Number One. We provide experienced and qualified staff, who are supported by our exemplary safety management systems.

## Enjoyment

It's hard not to enjoy the experience when sharing it with fellow adventurers, giving encouragement and willing you to succeed.

## Learning

We know the DofE Award pushes boundaries. Participants learn so much about themselves and realise they are capable of more than they expected. Completing the DofE will help them 'stand out from the crowd'.



## Adventure Activities Licensing Authority (AALA)

AALA, acting on behalf of the HSE, indicates our Safety Management has been inspected and approved. We are licensed for Trekking, Watersports & Climbing. Ref: R1821



## DofE Approved Activity Provider

As an Approved Activity Provider we offer the Expedition section by foot, by boat and by bike.





**#YourAdventureInSafeHands**

**info@TheAdventureElement.co.uk  
www.TheAdventureElement.co.uk**

**01768 800212**